

Ultherapy-FDA approved Non-invasive Lift

What does Ultherapy do?

Ultherapy uses targeted ultrasound to stimulate the collagen producing cells deep in the skin, causing them to grow new collagen fibers. These new fibers tighten and lift the skin as they mature. Ultherapy uses your body's own cells to reverse some of the sagging, loosening, and wrinkling that creeps in and is so hard to combat without surgery.

Where can it be used?

Currently, Ultherapy is FDA approved for the upper and lower face, upper and lower neck, and décolleté. "Off label" can be used to tighten the tummy, thighs, and there areas desired.

What happens during a treatment?

The treatment is customized to your areas of concern and the depth of your tissue. We scan the area with ultrasound visualization to determine what two depths are best for you, then we measure and mark your skin into zones for treatment. The actual treatment lasts about 90 minutes, where we go over the skin slowly with the ultrasound, heating two depths in each desired area. Before you arrive for the treatment, we recommend taking Tylenol and ibuprofen for pain control. The treatment feels hot at times and some areas are more sensitive. If you might need something stronger for pain control, discuss that at your consultation. We also have nitrous oxide available (\$50).

What will my skin look like right after the treatment?

After the treatment you will most likely be pink for an hour or two. Some people will have small ridges or swelling the first 6-48 hours, rarely longer. A small portion of people, usually those who are older or bruise easily, can have shallow bruising. If bruising occurs it is most common under the eyes or on the sides of the neck.

When will I see results?

You may have some short term, low grade swelling which helps fine lines early on. At around 2-3 months most people start to see skin tightening and a bit of the lift. The full results are at 6 months.

How many treatments do I need?

Ultherapy is intended to be a single treatment. The new collagen fibers are real, so they last until your baseline aging process ages them. Because ultrasound is so safe, however, it is fine for people to have more than one treatment if at the 6 month mark they decide they want even more improvement.

How much does it cost?

The most common procedure is Ultherapy of the cheeks and under the chin(upper neck). That area is \$2500. Other areas (\$500-1500) are:lower neck, brow lift, around the eyes, décolleté, and around the lips. Ask about current specials.

