

Comparison of Non-Invasive Skin Tightening Options

Method Name	Yag Laser Skin Tightening	Morpheus8	Ultherapy
How it works	Laser light energy heats the upper layers of the skin to induce new collagen formation	Radiofrequency delivered by micro needles stimulates superficial and mid-depth of skin to produce new collagen. Deeper depths and fat melting possible on the body.	Ultrasound-produced heat penetrates deep into the skin's structural layers and the more superficial layers to induce new collagen formation.
Depth of Action	Upper-mid dermis	Upper to mid dermis with ability to reach sub-dermal fat for remodeling if desired	Treatment involves treating the dermal layer AND the structural layer underneath it. Deepest treatment.
Discomfort	Minimal	Minimal to moderate if topical numbing ointment or nitrous is used.	Moderate to High. Nitrous oxide or prescription medication are available.
Time for results	Immediate plumping but true collagen formation takes 3-6 months. Final result 6 months after last treatment.	Same	Same
Unique Benefits	Zero pain or downtime	Also can improve scars, active acne, and stretch marks	FDA approved for LIFTING in addition to tightening.
Course of Treatment	4-6 treatments, 2-4 weeks apart	Initial set of three treatments 3-4 weeks apart.	One treatment containing two depths
Common side effects	Pink skin for minutes after treatment. Occ dry for a few days.	Redness for a day. Pinpoint marks 3-7 days(easy to cover). A few will have some peeling.	Pink and welty for up to 24hrs. Uncommonly some bruising.
Price	\$250 per treatment of face/neck or one body zone, 6th free	\$1800 for 3 treatments of face and under chin. Body pricing on request.	\$2500 for cheeks and under chin, more for neck, upper face, or décolleté.

All methods of tightening involve using heat or trauma to stimulate collagen-producing cells to start generating new fibers. These new fibers mature and tighten over the course of months. Effectiveness of a technique is determined by the amount of cell stimulation it can produce, and to what depth it can reach. All our techniques are FDA approved for safety and efficacy. All our techniques can be used on the face and some body areas. We can help you find the method that will fit your goals, schedule concerns, tolerance for discomfort, and budget.